

## Chai Overnight Oats

- 7 oz milk
- 7 oz Rishi Masala or Chaga Chai Concentrate
- 12 oz rolled oats
- 1 Tbsp chia seeds
- 6 oz vanilla yogurt
- 1 ripe banana, smashed
- 2 Tbsp almond butter (*optional*)

Fold all ingredients in a large mixing bowl until well combined.

Transfer to desired container(s) and refrigerate for 5 hours minimum to overnight.

Before serving, adjust consistency as needed with additional milk or concentrate.

*Optional garnishes: bruléed banana, cacao sweet nibs (Navitas Organics)*

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Try this recipe with any of these Rishi Concentrates:

Masala Chai • Chaga Chai • Spicy Masala Chai • Foraged Chaga Chai

